# YOUR QUARTERLY NEWSLETTER



from Cheltenham, Tewkesbury, Gloucester and Stroud



We at Caremark Cheltenham, Tewkesbury, Gloucester and Stroud welcome you to our very first quarterly newsletter.

In our newsletters we intend to bring you news of what is happening in your local Caremark community.

Our care services in Cheltenham, Tewkesbury, Gloucester and Stroud aim to provide high-quality care to individuals who require assistance with daily activities due to age, illness, disability, or other conditions. Caremark provides many different types of care services in your area, which depend on the needs of the individual.

For example, we provide care services for our customers who suffer from Alzheimer's, dementia, arthritis, diabetes, multiple sclerosis and Parkinson's. Our Care Assistants also provide companionship.

So if you, or someone you know, needs our assistance, give us a call on 01242 370797 or 01453 701977 for a no obligation chat.

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## Read about our free coffee & cake mornings

We are delighted to be hosting a monthly free coffee and cake morning – a community event bringing people together for companionship, games, and of course cake!

Why not come to our new, regular coffee mornings? We are inviting all our customers and anybody else who would like to come. Caremark aims to support the communities that we serve and help combat loneliness later in life.

See here for details of our next event https://www.caremark.co.uk/blog/local-news/cheltenham-and-tewkesbury/





#### Stroud Rotary Job Fair

Frances and Emily from the Caremark team attended the Stroud Rotary's first ever Job Fair.

Caremark attended the Stroud Rotary Job Fair which was held at Stroud Subscription Rooms on 16 April 2024.

It was a well attended event and it was certainly a busy day!

Caremark Stroud & Gloucester attended the job fair because we are looking for care assistants to join our lovely Stroud team.

## Welcome Frances to the team!

Frances joined Caremark in April 2024 as our Business Development and Events Co-ordinator. Her role involves not only promoting Caremark in the area but also organising events which serve the community.

Frances has qualified teacher status (QTS) specialising in supporting children with special educational needs. Prior to joining us, Frances has worked as a Teaching Assistant and also an Assistant Headteacher.

Frances is a lively, positive and, as can be seen from her work history and training, caring person.





### Read about our new Ebikes

We have purchased two Eskutas!

These are for our Care Assistants, who either don't have a UK driving licence or access to a vehicle. These E-bikes are limited to 15 miles per hour and are excellent for getting about town. They will certainly help our Care Assistants reach their patients safely and on time.

Eskutas are not only good for the environment but also fun to drive - just ask Mike and Jo Folkes who are seen here giving them a try.

#### Could you be a Care Assistant?

Some of the benefits of working for Caremark Cheltenham & Tewkesbury:

- · Full training provided.
- · Supportive and inclusive work environment.
- •£250 training bonus.
- · Regular Team events.
- · Care Assistant of the month awards.
- · Contracted salaried positions are available.
- · Ongoing development opportunities.

- · Well-being programme.
- · Community-based.
- · And much more! Interested? Then go to https://www.caremark.co.uk/locations/ gloucester-and-stroud/jobs/



Look out for us at these events!

- · Our next coffee and cake morning 2nd July 2024
- · Stroud Show 13th July 2024
- · Gloucester Careers Fair 24th October 2024

As Caremark Cheltenham and Tewkesbury are looking to give back to the local community we are taking part in some fundraising events for local charities. Our first one this year will be Mike Folkes taking part in the Ice Walk which is happening on Saturday 3rd August, in aid of Longfield Community Hospice.

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