

Dear all,

Welcome back to our Quarterly Newsletter!

I am delighted to share our latest News with you after some time away.

We have a busy year coming up, a new King and all the celebrations that will bring, never mind a wonderful Summer ahead that will bring us all joy and hope.

A lot has already happened this year, so let's go!...

24<sup>th</sup> February sadly marked the 1 year anniversary of the war with Ukraine – we stand with the people of Ukraine as they bravely fight for their future.



23<sup>rd</sup> March marked the 3-year anniversary of the first ever National Lockdown due to Coronavirus – we remember all those that we lost and the ones that fought bravely on the Front Line – from Social Care, to supermarket workers, delivery drivers etc.

We have not forgotten.

15<sup>th</sup> March we launched our very own communication App called Connecteam for our Carers – we hope that you enjoy using it and engaging with its many features!!



At the beginning of this year we re-launched our Website to make it more user friendly and up to date – check it out: [www.caremark.co.uk/windsor](http://www.caremark.co.uk/windsor)

A lot also happened last year in 2022..... Take a read of everything that we did...!!

We look forward to running future events for the rest of this year – if you have any suggestions of anything you would like us to be involved in, please get in touch!

Enjoy!



# KING CHARLES CORONATION

- ♦ The Coronation Service at Westminster Abbey- Saturday 6th May.
- ♦ Big Coronation Lunch and Coronation Concert at Windsor Castle - Sunday 7th May.
- ♦ The Big Help Out Bank Holiday -Monday 8th May 2023.



# What do we mean by Equality and Human rights?

## Human Rights



In the United Kingdom our human rights are currently protected under the Human Rights Act 1998

The Human rights in Healthcare framework covers the "FREDA principles" of:



- FREDA Principles;
- Fairness
- Respect
- Equality
- Dignity
- Autonomy

**Factors impacting equal access, experience and outcomes:**

- ♦ Age
- ♦ Disability
- ♦ Religion and belief
- ♦ Sex
- ♦ Sex orientation
- ♦ Gender reassignment, pregnancy and maternity status



## Equality

**Equality** means that anyone using services have equal access, experiences and outcomes when using health and social care.

Equality does not mean treating everyone the same- it means treating everyone according to their needs.

Staff who are working in services have equality of opportunity, for example in career progression and equal treatment or in relation to disciplinary matters.

# Catch up from 2022

## Christmas Appeal 2022 with Windsor Foodshare

For our Christmas Appeal last year we worked with Windsor Foodshare to collect items of food, toiletries, cleaning products and Christmas food items to help those who are in need.



We would like to say a massive "Thank you" to all of our Clients and Carers who kindly donated.



## **Christmas 2022– Gifts for our Clients and Carers**

Christmas 2022 we gifted our clients with a light up Lantern filled with some yummy shortbread biscuits. We hope you enjoyed them.



For our Carers we created hampers filled with lots of yummy treats for them to enjoy. We hope you enjoyed them.



### The Queens Platinum Jubilee 2022

We joined the nation in celebrating this historical event with gifting our clients and carers a mini afternoon tea they could enjoy whilst enjoying the celebrations on the TV.



### RIP Her Royal Highness Queen Elizabeth II

Last year was also a sad year. Queen Elizabeth II sadly passed away on the 8th September 2022. May she rest in peace. We visited Windsor Castle to lay some flowers and paid our respects to the Royal Family.





## Testimonials

Thank you to Caremark and their Carers for the support provided in caring for Mum over the last five years. I am very grateful for the kindness and help that has been given to Mum and the family through the years and I can honestly say I have nothing but praise for your service.

**Mrs J.H (Daughter of a Client)**

Mum and I would like to express our thanks to you and your lovely team for the Care you all gave my Dad, During this year. He was a one off and is sorely missed.

**Ms E. C (Daughter of a Client)**

Very, very happy with all of my Carers. Myrsini, Patsy and Auntie Nusrat are very gentle.

**Mrs M. W (Windsor Client)**

# HAPPY BIRTHDAY

### January

**Samia (Windsor Carer)**

**Michelle (Datchet Carer)**

**Manju (Supervisor)**

**Rosie (Care Coordinator)**

### February

**Margery (Windsor Client)**

**Pat (Langley Client)**

### March

**Deana (Night Carer)**

**Ruby (Datchet Carer)**

### April

**Denise (Old Windsor Client)**

**Kamalpreet (Windsor Carer)**

**Myrsini (Windsor Carer)**



### Rest in Peace

**Mrs Mason (Wraysbury)**

**Mr Flanagan (Windsor)**

**Mrs Knight (Windsor)**

**Mr Middlemass (Datchet)**

**Mrs Walker (Wraysbury)**

**Mrs Rowe (Windsor)**

**Mrs May (Windsor)**



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[Caremark \(Slough South Bucks\)](#)

[\(@caremark\\_windsor\)](#) • Instagram photos and videos



# connecteam

Thank you to all our Carers who have downloaded our New communication App Connecteam.

We hope you enjoy using it!!



The mark of excellent care

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